

Give & Take Design

For Lesson One:

- 10-15 sheets of black paper, 9" x 12" or larger
- 15-20 sheets white paper, 9" x 12" or larger
- 4-6 sheets white paper, 20" x 30" or larger
- coloured paper such as newspaper comics, gift wrap or magazine pages
- glue stick
- paper scissors
- lead pencil

For Lesson Two:

- Shiva Paintsticks, 2-3 colours. The mini sets are perfect for this.
- 5-6 cheap dollar store toothbrushes
- stencil film, I really like this brand in Matte: <http://www.dickblick.com/products/grafix-stencil-film/>
- 3-4 yards white freezer paper
- art or Exacto knife with #11 blades
- rotary cutting mat
- Textile paints such as Setacolour, Jacquard (or acrylic paints and a textile medium)
Primary colours: red, blue, and yellow plus black and white as a minimum, add more variety if you wish.
You will need to use opaque or metallic paints on dark fabrics
- brayer - 2" and 4" available at art stores
- Fabric - any fabric suitable for textile and Shiva paints (paint will be heat set)
A variety of white, light and some dark, total of 2-3 yards, more if desired.
Fat quarters are a good choice. Look for some organza as well.
- old towels or bath towels for wiping up
- easy access to sink for water and washing
- plastic to cover working surface
- baby wipes

For Lesson Three:

- stamp carving supplies: lino cutter and blades, Speedy Cut or similar material. Kit available: <http://fabricimagery.com/category/art-supplies-tools/>
- acrylic sheet 1/8" thick (like quilting ruler) approx. 9" x 12"
- Glad Press & Seal from grocery store
- access to photocopier for enlarging designs
- 1-2 yards paper backed fusible web such as Wonder Under or Steam a Seam Lite
- 1/4 yard of medium/dark fabric
- 1/2 yard of light/ medium fabric (these fabrics should have good contrast between them)
- rotary cutting equipment
- thread to match dark fabric - suggest a lightweight polyester or 60 weight cotton
- sewing machine capable of adjustable zig zag applique

Many of these items can be found at thrift stores or dollar stores.

Anything used with paints should not be used with food or food preparation.

Any questions, please contact me: susanpm@shaw.ca