

# Screen, Print & Stitch

## Supply List

Please don't feel daunted by the number of items on this list, many of which you will probably have already! There are basic items which are easy to obtain and some items that you might have to order, especially if you are not close to an art store. I've tried to keep the list reasonable and given options if something is a little expensive. Please let me know if you have any questions about the items, I can usually point you in the right direction!

### Supply List for All Lessons

- Pencil and paper for note taking
- Plastic sheet to cover your work space
- Snug fitting latex or rubber gloves
- Apron or old shirt to cover clothing
- Wipe up cloths or paper towels
- Fabric and paper scissors
- Easy access to sink for water and washing or have a couple of plastic basins available
- 1 box T-pins or flower head pins-must have flat tops
- a couple old credit cards or small squeegees
- Masking tape-1" or wider
- 10 sheets (9"x 12" approx.) freezer paper
- Art knife
- an inexpensive sketch book for testing prints and making samples. Probably 12" x 18" or so.
- Duct Tape
- plastic spoons and plastic measuring spoons and cups in Imperial or metric
- dust mask and rubber or latex gloves
- plastic drinking cups
- 1 litre or similar size yogurt containers
- soy wax with pot to melt wax OR Elmers School Glue Gel (the blue transparent one)
- Golden Soft Gel (matte) 4 or 8 oz. jar
- Foil Paper such as Jones Tones
- other interesting papers such as printed tissue, newsprint or photocopies
- brayer - 2" and 4" available at art stores
- tools - shaper tool, chop sticks, hair picks, forks, a variety of kitchen tools
- 4-6 natural bristle brushes-cheap ones from Dollar store for dyes
- rubber/elastic bands

### Fabric Choices:

- **collect a variety of cellulose based fabrics such as silk, cotton, linen and similar. Most of the samples I will demonstrate take pieces about 18" x 22" or a fat quarter. Smaller pieces are useful as well. Look at thrift stores for old tablecloths or maybe a linen shirt or two...**
- **some of the techniques that use textile paints can be synthetic fabrics**
- **I usually use white or light coloured fabrics, but some dark/black fabrics will be used with some techniques**
- **You may like to try printing on some clothing, aprons, tea towels and such as well!**

- **some of the samples you make in one lesson may be suitable for over dyeing or printing in another lesson.**

A Print Table is an important item to use for printing. It keeps the fabric taut while you use both hands on the screen or stamps and provides a padded surface so that the images show clearly on the fabric. You will find it useful for many surface design applications. Here is a link for instructions to make one: <http://susanpm.blogspot.ca/2013/07/making-print-table.html>

You will need:

- 20" or larger square of thick (1/2") foam core, plywood or Styrofoam slab (available at Michael's or art supply store)
- 2 layers of lowloft cotton batting, old towels or felt (cannot have seams)
- Inexpensive muslin or cheap discard fabric

#### **For Screen Printing:**

- 4-6 jars (45 ml.) textile paints-your choice of colour. Suggested brands are:  
Jacquard: Neopaque or Lumiere  
Speedball Fabric Screen Printing Ink  
Versatex Screen Printing Ink
  - I do not recommend Setacolor, I find it too fluid for screen printing
  - I recommend buying the primary colours (magenta, turquoise and yellow or scarlet, blue and yellow) and at least one metallic and black or dark colour. Many art stores will have sets that work well together.
- 1/2 yard nylon/polyester silkscreen mesh (12XX size), plain picture frame from thrift store and staple gun or purchased silk screen, 8" x 10" or larger
- 8-10 sheets of sketch weight paper
- Images for using with the paper as stencils. Look for images in stenciling books, clip art, your own art work or designs. Keep them **simple**, a leaf or two, geometric, etc. Images should be no larger than 5" x 7" and placed in the middle of paper that is no smaller than 9" x 12". You may like to wait until Lesson One starts to see ideas I present.
- Dyes: Procion MX fibre reactive dyes.
  - Red/scarlet, magenta/fuchsia, turquoise, royal blue, yellow, golden yellow, black
- Sodium Alginate, Soda Ash, Urea
  - Dye and Chemical kit available at: [http://www.dharmatrading.com/dyes/kits/hand-dyed-fabric-starter-set.html?lnav=dyes\\_kits.html](http://www.dharmatrading.com/dyes/kits/hand-dyed-fabric-starter-set.html?lnav=dyes_kits.html) **You will still need to buy the Sodium Alginate**

#### **For Print It, Print It!**

- Gelli plate **or** Gelatin (such as Knox) and flat metal (cookie type) sheet with a 1" rim or a styrofoam meat tray, any size.  
Instructions given in Lesson 1 to make a gelatin plate. Gelli plates are available here: <http://www.dickblick.com/products/gelli-arts-printing-plate/?clickTracking=true>
- pieces of lace, doily or gridded carpet underlay, any flat objects that have texture. You will see lots of suggestions in the first video.
- package of cheap baby wipes  
wooden or plastic rolling pins
- clay texture rollers: available at pottery stores or: [http://www.clay-king.com/pottery\\_tools/pattern\\_clay\\_rollers.htm](http://www.clay-king.com/pottery_tools/pattern_clay_rollers.htm) (optional)
- cardboard tubes, look for heavier ones than those for wax paper etc.
- cotton household string
- sticky foam shapes from craft store, also sheets of sticky foam to make your own designs
- sponge paint roller
- double sided carpet tape
- extra brayers (if you have them)

- stamp carving supplies: lino cutter and blades, Speedy Cut or similar material.
- small blocks of wood for sticking shapes
- corks, any intriguing objects with a textured flat surface
- acrylic sheet 1/8" thick (like quilting ruler) approx. 9" x 12"
- Glad Press & Seal from grocery store

### **Resist to Stitch**

- sewing machine, capable of straight stitch
- PVC plumbing pipe, 24-36" long, with diameter of approx. 4-5". these are readily available at most hardware stores and they will usually cut it to your desired length.
- empty wine bottle (drink the wine first!)
- juice jug or similar that wine bottle will comfortably fit into.
- plastic sheet to wrap up fabric covered pipe and wine bottle
- cotton sewing thread
- wheat flour - about 2 cups, other colours will work too. Such as rice, oat and potato.
- chopstick, bamboo skewers or hair pick
- cheap, puffy polyester batting, cut to size you want to stitch. I recommend no larger than 24" square. Do not use cotton or cotton blend batting.
- watersoluble thread
- hand quilting or stronger thread
- hand sewing needles with eye to match the hand quilting thread

### **Resources for many supplies:**

[www.maiwa.com](http://www.maiwa.com) (Canada)  
[www.gsdye.com](http://www.gsdye.com) (Canada)  
[www.prochemicalanddye.com](http://www.prochemicalanddye.com)  
[www.dharmatrading.com](http://www.dharmatrading.com)  
[www.kraftkolour.net.au](http://www.kraftkolour.net.au) (Australia)  
[www.rainbowsilks.co.uk](http://www.rainbowsilks.co.uk) (Britain)