



# My Best 3 Tips for The Artists Deep Dive

## 1. Where Am I Now?

**The new year is a good time to review by** conducting a thorough self-assessment of your current artistic strengths and aspirations. What is your knowledge base, where do you excel? We're usually adept at knowing our weak points - what are you really, *really* good at?

And in 2025, do you want to build a focus on those strengths or work deeply into a new approach or theme? For example, you could:

- Begin a new series or body of work, thematic, conceptual, elemental
- Build on a specific technical skill and explore where it might lead
- Explore new materials and how you can push them into different approaches

## 2. Develop a Structured Journaling Practice

**Create a consistent and intentional writing routine** that supports your artistic growth and self-reflection. Not just simple diary entries but make your journaling a strategic tool for personal and artistic development. Consider:

- Setting aside dedicated time each day for writing (morning or evening)
- Using prompts that challenge your artistic thinking
- Documenting your creative process, inspirations, challenges, and breakthroughs
- Exploring different journaling techniques like stream of consciousness, goal tracking, or artistic reflection

## 3. What is Your Ideal Art Practise

**Making art is not a solitary endeavor**, but a practice deeply rooted in community and connection. Cultivating relationships with fellow artists who offer genuine support and constructive feedback. Develop that by:

- Surrounding yourself with peers who understand your specific artistic vision
- Creating boundaries that protect your creative energy
- Recognizing that your artistic practice is nourished by a variety of interactions, perspectives, inspiration and support.

**The Artists Deep Dive 2025 - Don't Wait – Limited Enrollment**